

UnityPoint Clinic®

Sports Medicine and Concussion Center

When you get injured, it's important to see experts who understand your injury. Our interdisciplinary team is specially trained in injury prevention, sports medicine and concussion management. Our board-certified sports medicine physicians and physical therapy team have the expertise to get you back to living an active lifestyle as quickly and safely as possible.

COMMON CONDITIONS

- Concussion evaluation and treatment
- Sprains
- Joint and muscle injuries
- Non-surgical fractures
- Sports performance and nutrition
- Other sports-related or occupational injuries

SPORTS MEDICINE

Sports Medicine is a specialty that focuses on non-invasive treatment options for all injuries affecting the muscles, ligaments, tendons and bones. With more than 90% of these injuries not requiring surgery, we provide a patient-friendly alternative to surgical treatment options.

CONCUSSION MANAGEMENT

Our concussion management program is administered by our primary care sports medicine physicians and therapy team. Our patient-centered concussion program offers patients a comprehensive evaluation and individualized plan of care tailored to their specific needs.

To schedule an appointment,
call (515) 251-3880.



UnityPoint Clinic

OUR TEAM



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